



Health & Safety and First Aid Training & Consultancy



Anchor Risk Management & Anchor Training Ltd

Company No: 05805399 - VAT Registration No: 980735787

 UK Office: **+44 (0)208 889 8858**  UK Mob: **+44 (0)7740 818082**

 www.anchorrisk.co.uk

 enquiries@anchor-risk.co.uk



Some of our Clients



We are happy to provide references and testimonials from any of our clients

Contents

- Page 3 – Introduction
- Page 4 – Health & Safety Consultancy Services
- Page 4 – Training Services

First Aid Training Courses

- Page 5 – 3 Day First Aid at Work
- Page 6 – 1 Day Emergency First Aid
- Page 7 – ½ Day Basic Life Support & AED (De-fibrillator)
- Page 7 – 1/2 Day First Aid Skills Practice
- Page 8 – 2 Day First Aid at Work Refresher
- Page 9 – 2 Day Early Year's / Paediatric First Aid
- Page 10 – 1 Day Basic Early Year's / Paediatric First Aid

Health & Safety Training Courses (General)

- Page 11 – 1 Day Combined General Risk Assessment & Fire Risk Assessment
- Page 12 – ½ Day General Risk Assessment
- Page 13 – ½ Day Fire Risk Assessment
- Page 14 – ½ Day Fire Safety Awareness & Fire Marshal Training
- Page 15 – ½ Day Manual Handling Awareness
- Page 16 – 1 Day Manual Handling Risk Assessors
- Page 17 – ½ Day Display Screen Equipment (DSE) Awareness & Assessor
- Page 18 – ½ Day Control of Substances Hazardous to Health (CoSHH) Awareness
- Page 18 – 1 Day Control of Substances Hazardous to Health (CoSHH) Awareness & Assessor
- Page 19 – ½ Day Noise at Work Awareness
- Page 20 – ½ Day Safe Working at Height
- Page 21 – 1 Day Accident Investigation
- Page 22 – 1 Day Senior Management Safety Awareness & Responsibilities
- Page 23 – 1 Day & ½ Day General Workplace Safety Awareness / Tailored Company Safety Inductions
- Page 24 – ½ Day Personal Protective Equipment (PPE)
- Page 25 – 1 Day Electrical Safety Awareness
- Page 26 – 1 Day Personal Safety Awareness and Lone Working (including Conflict Management)
- Page 27 – ½ Day Safety Co-ordinators / Safety Reps Training
- Page 28 – 3 Day Train the Trainer (Manual Handling, Display Screen Equipment, CoSHH, Fire)
- Page 29 – 1 Day Manual Handling - The Movement & Handling of People

Film, T.V. & Events - Health & Safety Training Courses

- Page 30 – 1 Day Safe Management of Productions (Film, T.V., Radio, Theatre, etc.)
- Page 31 – 1 Day Safe Management of Events
- Page 32 – 1 Day Safe Working with Cameras & Lights
- Page 33 – ½ Day Safe Management of Audiences
- Page 34 – ½ Day Safe Working in Crowds
- Page 35 – ½ Day Safe working with Make-up & Costume
- Page 36 – ½ Day Construction Design Management Briefing
- Page 37 – 1 Day Safe Design & Build of TV, Film and Theatre Production Sets
- Page 38 – Bespoke Training

About Us

Established in 2006, Anchor Risk Management & Anchor Training Ltd has quickly become a leading provider of Health & Safety and First Aid Training and Consultancy. Our team of high calibre safety, health, fire, engineering, environmental, medical and training consultants work throughout the United Kingdom, Europe and the United Arab Emirates. We can provide individually or in combinations, Safety Management System development, assessments, planning, surveys, training and specialist support all aimed at giving you confidence to manage your risks. We can also offer email/telephone support on a retainer basis.

Our broad experience, attention to detail, pro-active customer service and being perfectly positioned to respond quickly to customer demands have earned us high profile clients in Media, Film, Television, Sports, Event Management, Retail, Construction, Financial, Educational, Charity, Medical, Child Care, Security and Property Sectors.

Our full Safety Management System service includes Policy and Procedure review, Safety Management System design, implementation and monitoring, A- Z of hazards package, risk assessment review (workplace and specific), site visits and inspections, vetted contractor lists and a variety of training packages. This service will also include a comprehensive choice of email/telephone advice and support (24/7) whilst we are implementing the system into your workplace.

All of our services are developed and customised to a client's specific requirements making them individual and relevant.

Anchor Risk Management Ltd holds Employers Liability, Professional & Product Liability to the value of £5million and Personal Liability insurances to the value of £10million per liability.

We look forward to hearing from you!



Health & Safety Consultancy Services

Our consultancy services provide a comprehensive range of cost-effective solutions, individually tailored to the client, providing a clear, concise and professional service. We will assist you in identifying specific targets and mapping out strategies to achieve those targets.

Our Health & Safety consultancy services include:

- Specialist support for the development, writing, implementation and review of company health and safety policy and safety management systems.
- Support and review of your health and safety risk assessments, including specific risk assessments such as, Fire, Noise, CoSHH, Display Screen Equipment and Manual Handling.
- General safety management system auditing, specific OHSAS 18001 safety management system development and auditing, compliance with statutory requirements.
- Conduct vetting process for potential contractors, review existing contractors processes and complete pre-vetting paperwork on behalf of the client.
- Provide on-site advice and support.
- Providing on call health and safety information, guidance and advice.
- Undertaking workplace safety inspections.
- A full accident investigation service to assist companies in the identification of accident causes, remedial action.
- Assistance in communicating with the enforcing authorities and other interested parties, including insurance companies and solicitors.
- Monitoring new and emerging legislation and Industry incidents to ensure the company is positioned to respond in good time to new requirements and lessons learnt.
- Development of individual comprehensive training programmes for Directors, Managers and Staff.
- Development of individual training courses to be self-delivered in-house.

Additional Services:

We can also provide a Portable Appliance Testing (P.A.T.) services for all your workplace electrical appliances.

We also provide First Aid and medical cover for events, sports and film / television productions on location.

Training Services

Training courses are individually developed to suit customer needs. We believe that training should be informative, educational, fun and more importantly affordable.

Our pricing structure for a range of Health & Safety and First Aid courses for in house delivery, is set by a fixed course cost, rather than a per delegate rate. This ensures you get the best value for money, without compromising on standards.

Training Venue

If you do not have sufficient space in your workplace to hold training, Anchor Risk Management & Anchor Training Ltd can supply a training venue, based in North London, for any of the training listed in this brochure. The cost will include the provision of light refreshments (tea, coffee, etc.), lunch can be provided at an additional cost.

First Aid Training Courses

3 Day - First Aid at Work

The **3 Day First Aid at Work** course is primarily aimed at those staff working in high risk areas of work. It is legally required, through the process of risk assessment, that a selected number of staff be trained at this level of first aid.

There is a formal assessment by independent assessors at the end of the training,

The nationally recognised First Aid at Work training programme will be taught. This is inclusive of the following elements:

- Objectives & Importance of First Aid
- First Aid and the Law
- First Aid Box/Kit Contents
- Hygiene and Self-protection
- Assessment of an incident & priorities for treatment
- Care of the unconscious casualty
- Secondary Survey
- Recovery Position
- Care of the unconscious and not breathing casualty
- Cardio Pulmonary Resuscitation (CPR)
- Use of a Portable AED / Defibrillator
- Bleeding
- Broken Bones
- Sprains
- Shock
- Choking
- Asthma
- Burns
- Anaphylaxis
- Diabetes
- Stroke
- Seizures
- Head Injuries
- Eye Injuries
- Imbalance of Heat
- Poisoning

Each delegate will have an opportunity to practice CPR skills on a range of manikins including 'Fat Fred' who represents an overweight person, Little Anne, Junior Anne and 'Baby Anne'. Delegates will also be able to practice techniques in bandaging, using an epi-pen, techniques for dealing with choking using 'Choking Charlie' and 'Choking Baby' manikins and methods for dealing with burns.

Each delegate will receive a full colour glossy First Aid Manual and an accredited certificate valid for 3 years. The Certificates will be posted within 14 days of the date of the course.

The Health & Safety Executive (HSE) highly recommends that once trained in First Aid at Work, an annual ½ day skills practice be undertaken. This is not a legal requirement; however delegates undertaking a ½ day skills practice on an annual basis extend their 3 year validation to 5 years, before full refresher training has to be undertaken.

Maximum Number of Delegates: 12



1 Day - Emergency First Aid

The 1 day Emergency First Aid course is primarily aimed at those staff working in an office environment and low risk work areas. It is legally required, through the process of risk assessment, that a selected number of staff be trained at this level of first aid.

The nationally recognised Emergency First Aid training programme will be taught. This will be inclusive of the following elements:

- Objectives & Importance of First Aid
- First Aid and the Law
- First Aid Box/Kit Contents
- Hygiene and Self-protection
- Assessment of an incident & priorities for treatment
- Care of the unconscious casualty
- Secondary Survey
- Recovery Position
- Care of the unconscious and not breathing casualty
- Cardio Pulmonary Resuscitation (CPR)
- Use of a Portable AED / Defibrillator
- Bleeding
- Broken Bones
- Shock
- Choking
- Asthma
- Anaphylaxis
- Burns

Each delegate will have an opportunity to practice CPR skills on a range of manikins including 'Fat Fred' who represents an overweight person, Little Anne, Junior Anne and 'Baby Anne'. Delegates will also be able to practice techniques in bandaging, using an epi-pen, techniques for dealing with choking using 'Choking Charlie' and 'Choking Baby' manikins and methods for dealing with burns.

Each delegate will receive a full colour glossy First Aid Manual and an accredited certificate valid for 3 years. The Certificates will be posted within 14 days of the date of the course.

The Health & Safety Executive (HSE) highly recommends that once trained in First Aid at Work, an annual ½ day skills practice be undertaken. This is not a legal requirement; however delegates undertaking a ½ day skills practice on an annual basis extend their 3 year validation to 5 years, before full refresher training has to be undertaken.

Maximum Number of Delegates: 12



½ Day - Basic Life Support & AED (De-fibrillator)

The ½ Basic Life Support: The nationally recognised Basic Life Support training programme will be taught. This will be inclusive of the following elements:

- Objectives & Importance of First Aid
- Hygiene and Self-protection
- Assessment of an incident & priorities for treatment
- Care of the unconscious casualty
- Secondary Survey
- Recovery Position
- Care of the unconscious and not breathing casualty
- Cardio Pulmonary Resuscitation (CPR)
- Use of a Portable AED / Defibrillator

Each delegate will have an opportunity to practice CPR skills on a range of manikins including 'Fat Fred' who represents an overweight person, Little Anne, Junior Anne and 'Baby Anne'.

Maximum Number of Delegates: 8



½ Day - First Aid Skills Practice

The ½ Day First Aid Skills Practice course is aimed at those who have previously attended the **3 day First Aid at Work** or the **1 day Emergency First Aid** course. It is legally required through the process of risk assessment that a selected number of staff be trained at this level of first aid.

The Health & Safety Executive (HSE) highly recommends that once trained in First Aid at Work or Emergency First Aid, an annual ½ refresher be undertaken. It is not essential however, undertaking a ½ day refresher on an annual basis extends the 3 year validation from the full course, to 5 years. Full training would then have to be undertaken again.

The nationally recognised Emergency First Aid training programme will be taught. This will be inclusive of the following elements:

- Objectives & Importance of First Aid
- First Aid and the Law
- First Aid Box/Kit Contents
- Hygiene and Self-protection
- Assessment of an incident & priorities for treatment
- Care of the unconscious casualty
- Secondary Survey
- Recovery Position
- Care of the unconscious and not breathing casualty
- Cardio Pulmonary Resuscitation (CPR)
- Use of a Portable AED / Defibrillator

Each delegate will have an opportunity to practice CPR skills on a range of manikins including 'Fat Fred' who represents an overweight person, Little Anne, Junior Anne and 'Baby Anne'.

Maximum Number of Delegates: 12

2 Day - First Aid at Work Refresher

This **2 Day First Aid at Work Refresher** course is specifically for delegates who have previously completed the **3 day First Aid at Work** course and are at the 3 year point of expiry or for those who have complete an annually skills practice session for a period of 5 years.

There is a formal assessment by independent assessors at the end of the training,

The nationally recognised First Aid at Work training programme will be taught. This will be inclusive of the following elements:

- Objectives & Importance of First Aid
 - First Aid and the Law
 - First Aid Box/Kit Contents
 - Hygiene and Self-protection
 - Assessment of an incident & priorities for treatment
 - Care of the unconscious casualty
 - Secondary Survey
 - Recovery Position
 - Care of the unconscious and not breathing casualty
 - Cardio Pulmonary Resuscitation (CPR)
 - Use of a Portable AED / Defibrillator
-
- The client can select up to 10 additional topics for the remaining sessions, so that the training is specific to their requirements.

Each delegate will have an opportunity to practice CPR skills on a range of manikins including 'Fat Fred' who represents an overweight person, Little Anne, Junior Anne and 'Baby Anne'. Delegates will also be able to practice techniques in bandaging, using an epi-pen, techniques for dealing with choking using 'Choking Charlie' and 'Choking Baby' manikins and methods for dealing with burns.

Each delegate will receive a full colour glossy First Aid Manual and an accredited certificate valid for 3 years. The Certificates will be posted within 14 days of the date of the course.

The Health & Safety Executive (HSE) highly recommends that once trained in First Aid at Work, an annual ½ day skills practice be undertaken. This is not a legal requirement; however delegates undertaking a ½ day skills practice on an annual basis extend their 3 year validation to 5 years, before full refresher training has to be undertaken.

Maximum Number of Delegates: 12



2 Day (12 hours) - Early Year's / Paediatric First Aid

The **2 Day Early Year's / Paediatric First Aid** is specifically aimed at those delegates who work with babies and young children primarily in nurseries, play groups, play centres, clubs, professional child minders and primary schools. It is legally required in England and Wales that all persons as part of their duties care or supervise for babies and/or small children be trained at this level of first aid.

This course may also be used to provide evidence to an NVQ assessor for those working towards an NVQ in Child Care and Education (level 3).

The nationally recognised First Aid at Work training programme will be taught. This is inclusive of the following elements:

- Objectives & Importance of First Aid
- First Aid and the Law
- First Aid Box/Kit Contents
- Hygiene and Self-protection
- Assessment of an incident & priorities for treatment
- Care of the unconscious casualty
- Secondary Survey
- Recovery Position
- Care of the unconscious and not breathing casualty
- Infant, child and adult Cardio Pulmonary Resuscitation (CPR)
- Infant, child and adult Choking
- Bleeding, Broken Bones, Strains and Sprains
- Shock
- Burns
- Anaphylaxis and Allergic reactions
- Asthma, Diabetes and Seizures
- Head Injuries and Eye Injuries
- Poisoning
- Childhood Conditions

Each delegate will have an opportunity to practice CPR skills on a range of manikins including 'Fat Fred' who represents an overweight person, Little Anne, Junior Anne and 'Baby Anne'. Delegates will also be able to practice techniques in bandaging, using an epi-pen, techniques for dealing with choking using 'Choking Charlie' and 'Choking Baby' manikins and methods for dealing with burns.

Each delegate will receive a full colour glossy First Aid Manual and an accredited certificate valid for 3 years. The Certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 12



1 Day (6 hours) - Basic Early Year's / Paediatric First Aid

The **1 Day Early Year's / Paediatric First Aid** is specifically aimed at those delegates who have a professional involvement with children (e.g. teachers and support workers), ideal for school in-set days or for those who want to learn basic child related first aid skills.

- Objectives & Importance of First Aid
- First Aid and the Law
- First Aid Box/Kit Contents
- Hygiene and Self-protection
- Assessment of an incident & priorities for treatment
- Care of the unconscious casualty
- Secondary Survey
- Recovery Position
- Care of the unconscious and not breathing casualty
- Infant, child and adult Cardio Pulmonary Resuscitation (CPR)
- Infant, child and adult Choking
- Bleeding
- Broken Bones
- Strains and Sprains
- Shock

Each delegate will have an opportunity to practice CPR skills on a range of manikins including 'Fat Fred' who represents an overweight person, Little Anne, Junior Anne and 'Baby Anne'. Delegates will also be able to practice techniques in bandaging, using an epi-pen, techniques for dealing with choking using 'Choking Charlie' and 'Choking Baby' manikins and methods for dealing with burns.

Each delegate will receive a full colour glossy First Aid Manual and an accredited certificate valid for 3 years. The Certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 12



Health & Safety Training Courses (General)

1 Day - Combined General Risk Assessment & Fire Risk Assessment

The **General Risk Assessment & Fire Risk Assessment** course is aimed at managers, supervisors and staff, who as part of their duties are required to undertake the process of General Risk Assessment and Fire Risk Assessment, including preparing and reviewing existing assessments.

Using a range of formats and templates for General Risk Assessment and Fire Risk Assessment, the course will be inclusive of the following elements:

- Moral, Legal and Financial reasons for Health & Safety
- Overview of Management of Health & Safety Regulations, Regulation 3 – The Requirements of Risk Assessment
- Definition of 'Reasonably Practicable'
- What is a Hazard?
- What is Risk?
- The 5 steps to Risk Assessment
- How to assess risk in a 'Reasonably Practicable' context
- Principles of prevention
- Reviewing Risk Assessments in light of a near miss, accident or incident
- Control measures
- Specifics of Fire Risk Assessment
- Overview of the Fire Regulatory Reform Regulations 2005
- Linking General Risk Assessment and Fire Risk Assessment
- Practical exercises

Each delegate will receive a practical guidebook on how to complete a General Risk Assessment & Fire Risk Assessment and a guidebook on worked practical examples of Hazards & Risks, with associated practical control measures.

Each delegate will also receive course materials detailing the key points covered by the course, and a certificate of completion which will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



½ Day - General Risk Assessment Training

The **General Risk Assessment** course is aimed at managers, supervisors and staff, who as part of their duties are required to undertake the process of Risk Assessment, including preparing and reviewing existing assessments.

Using a range of formats and templates for General Risk Assessment and Fire Risk Assessment, the course will be inclusive of the following elements:

- Moral, Legal and Financial reasons for Health & Safety
- Overview of Management of Health & Safety Regulations, Regulation 3 – The Requirements of Risk Assessment
- Definition of 'Reasonably Practicable'
- What is a Hazard?
- What is Risk?
- The 5 steps to Risk Assessment
- How to assess risk in a 'Reasonably Practicable' context
- Principles of prevention
- Reviewing Risk Assessments in light of a near miss, accident or incident
- Control measures
- Practical exercises

Each delegate will receive a practical guidebook on how to complete a General Risk Assessment & Fire Risk Assessment and a guidebook on worked practical examples of Hazards & Risks, with associated practical control measures.

Each delegate will also receive course materials detailing the key points covered by the course, and a certificate of completion which will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



½ Day - Fire Risk Assessment Training

The Fire Risk Assessment course is aimed at managers, supervisors and staff, who as part of their duties are required to undertake the process of Fire Risk Assessment, including preparing and reviewing existing assessments.

Using a range of formats and templates for Fire Risk Assessment, the course will be inclusive of the following elements:

- Moral, Legal and Financial reasons for Health & Safety
- Specifics of Fire Risk Assessment
- Overview of the Fire Regulatory Reform Regulations 2005
- Overview of Management of Health & Safety Regulations, Regulation 3 – The Requirements of Risk Assessment
- What is a Hazard?
- What is Risk?
- The 5 steps to Risk Assessment
- Principles of prevention
- Reviewing Risk Assessments in light of a near miss or incident
- Control measures
- Practical exercises

Each delegate will receive a practical guidebook on how to complete a General Risk Assessment & Fire Risk Assessment and a guidebook on worked practical examples of Hazards & Risks, with associated practical control measures.

Each delegate will also receive course materials detailing the key points covered by the course, and a certificate of completion which will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



½ Day - Fire Safety Awareness & Fire Marshal Training

The Fire Safety Awareness & Fire Marshall course is aim at those delegates who have the responsibility for ensuring a workplace or event is evacuated effectively during a fire alert or other emergency procedure requiring mass evacuation. This course includes the following elements:

- The elements of fire
- How fire develops and its effects
- Actions and behaviours of people during a fire
- Overview of Fire Risk Assessment
- Emergency Planning and Evacuation
- Handover considerations when taking over a duty
- Areas and equipment to check for fire safety when on duty
- Correct and safe use of Fire Fighting Equipment
- Practical use of Fire Fighting Equipment

Each delegate will receive course materials detailing the key points covered in the course, and a certificate valid for 3 years. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



½ Day - Manual Handling Awareness

The Manual Handling Awareness course is aimed at a wide range of staff from those with obvious work related handling tasks through to office staff who may appear to have much less manual handling involvement in their work related activities. All are vulnerable to manual handling injuries (whether at work or at home), so all will benefit from a knowledge of good technique.

The course will be run in a participative manner to get involvement and emphasise the personal benefits of taking action.

This course includes the following elements:

- To introduce the responsibilities of employers and employees under the Manual Handling Regulations
- The definition of Manual Handling
- Manual Handling – not just a work place activity
- An overview of Manual Handling Risk Assessment
- Injuries associated with manual handling
- A simple overview of the anatomy of the lumbar spine, cumulative strain and the causes of back pain
- To provide a step-by-step guide to the dynamic handling technique with practical demonstration and delegate participation
- Mechanical Aids (e.g. trolleys, lifting straps, hoists, etc)
- Lifting / moving a load to an advantage and disadvantage
- Team handling
- Good handling technique
- Practical handling exercises with a range of representative loads

(Note: A suitable space will be required to undertake the practical elements of the training)

Each delegate will receive course materials detailing the key points covered in the course, a hand-out giving advice on back care and pain prevention and a certificate valid for 3 years. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 12



1 Day - Manual Handling Risk Assessors

The Manual Handling Assessors course is aimed at managers, supervisors and employees with responsibility for either managing or directly involved in manual handling operations. The course is designed to give delegates a comprehensive understanding of all the principles of manual handling and the principles of assessment in accordance with legislation. Delegates will gain the necessary skill to enable them to undertake manual handling assessments with confidence.

This course includes the following elements:

- Stresses and strains of incorrect manual handling
- Mechanics of the spine
- Manual Handling Operations Regulations 1992
- Handling techniques
- Principles of lifting and carrying
- Principles of pushing and pulling
- Mechanical aids
- Assessment of task, load, environment and individual capability
- Procedures for manual handling assessments
- Practical manual handling assessment

Each delegate will receive course materials detailing the key points covered in the course, and a certificate valid for 5 years. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



½ Day - Display Screen Equipment (DSE) Awareness & Assessor

The Display Screen Equipment (DSE) Awareness & Assessor course is aimed at all Display Screen Equipment users and those who need to carry out individual assessments of other users workstations, whether that be single screen or multi-screen set-ups.

This course includes the following elements:

- Introduction to Display Screen Equipment
- DSE Regulations outlined
- Musculoskeletal disorders and other health risks from using DSE
- Workstation analysis (self-assessment)
- Regulations detailed (equipment, environment, work routines, eyesight)
- Seated posture and selecting the right chair
- Information and training
- Pregnancy and DSE issues
- Ill health prevention / management
- Assessing DSE support aids (wrist rest, foot stalls, mouse devices, etc)
- Record Keeping
- Practical training

Each delegate will receive course materials detailing the key points covered in the course, an on-line DSE / Workstation assessment format and a certificate of attendance. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 10



1/2 Day - Control of Substances Hazardous to Health (CoSHH) Awareness

The Control of Substances Hazardous to Health (CoSHH) Awareness course is aimed at those with the responsibility for using or storing chemicals and substances that can put people's health at risk.

This course includes the following elements:

- CoSHH Regulations
- Chemicals (Hazard, Information and Packaging for Supply) (CHIP) Regulations
- Global Harmonized System for Classification and Labelling of Chemicals (GHS)
- Understanding Material Safety Data Sheets (MSDS)
- Routes of Entry
- Health Effects of Exposure
- Protecting against exposure
- Safe handling of substances

Each delegate will receive course materials detailing the key points covered in the course, a formatted template to carry-out CoSHH assessments and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 12



1 Day - Control of Substances Hazardous to Health (CoSHH) Awareness & Assessor

The Control of Substances Hazardous to Health (CoSHH) Awareness & Assessor course is aimed at those with the responsibility for the management, use and control of hazardous substances when purchasing, using or storing chemicals and substances that can put people's health at risk.

This course includes the following elements:

- CoSHH Regulations
- Chemicals (Hazard, Information and Packaging for Supply) (CHIP) Regulations
- Global Harmonized System for Classification and Labelling of Chemicals (GHS)
- Understanding Material Safety Data Sheets (MSDS)
- Understanding Work Exposure Limits (WEL's)
- Understanding the HSE publication EH40
- Routes of Entry
- Health Effects of Exposure
- Protecting against exposure
- Completing a CoSHH Assessment
- Record Keeping

Each delegate will receive course materials detailing the key points covered in the course, a formatted template to carry-out CoSHH assessments and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 12

½ Day - Noise At Work Awareness

This Noise at Work Awareness course is an introduction to the Noise at Work Regulations and the management of noise in the workplace. The course includes hands-on practical demonstrations of instrumentation and noise control and provides a good foundation for the Noise Assessment Competency course. Delegates need neither previous knowledge in noise or mathematic ability other than basic addition and subtraction.

This course includes the following elements:

- The effects of noise
- Induced levels of deafness and audio / visual simulations
- How the ear works - basic physiology
- Occupational noise management briefing - Noise at Work Regulations implications, company policy, and a brief introduction to the noise management program
- Noise units - a review of the units with definitions, basic calculations and ways of presenting measured noise data
- Sound propagation - how sound behaves, so providing a better understanding of noise control and calculation of safe working distances from noisy equipment
- Noise control - fundamental noise control techniques including materials
- Hearing protection - performance and selection

Each delegate will receive course materials detailing the key points covered in the course and a certificate valid for 3 years. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



½ Day Safe Working at Height

The Safe Working at Height course gives a broad overview of the safety issues to be considered when planning temporary work at height.

The aim of the course is to provide practical guidance on the hazards associated in a variety of working at height situations and a range of controls required to reduce the risk. Demonstrate the seriousness of the risks involved as well as an overview of Health & Safety legislation and how it relates to safe working at height.

The course is aimed at anyone who may be required to work at height such as construction worker, riggers, scene hands, camera operators etc., managers and/or supervisors who control working at height activities e.g. Site Managers / Supervisors, Producers, 1st ADs, Engineering Managers, etc

Provide delegates the knowledge to apply the most appropriate controls to a working at height situation and the skills to select, check and correctly use personal protective equipment where required. Provide an understanding of the potential health effects associated with fall arrest equipment due to kinetic forces and suspension trauma syndrome and methods they may use to minimise the effects.

This course includes the following elements:

- Practical aspects of safely managing temporary working at heights
- Summary of health and safety issues and accident statistics in relation to working at height
- An overview of health and safety regulations
- A summation of various working at height situations and the types of control
- An overview of the health effects associated with fall arrest equipment due to kinetic forces and suspension trauma.
- Practical use of full body safety harnesses, lanyards, inertia reel fall arrest devices, karabiners, etc.
- Detailed procedure for inspecting and caring for working at height PPE.

Each delegate will receive course materials detailing the key points covered in the course and a certificate valid for 3 years. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 10



1 Day - Accident Investigation

This one-day accident investigation training workshop is aimed at those delegates with a responsibility for investigating accidents and incidents in the workplace. It is primarily aimed at for Health and Safety Advisers/Officers, Safety Representatives, Managers, Supervisors or anyone with responsibility for investigating accidents.

The aim of the courses is to identify the root causes of accidents, using varying investigative techniques and make quality recommendations in order to prevent recurrences.

Thorough investigation into any workplace accident is necessary to help prevent recurrences and to demonstrate to enforcement authorities and other agencies, like insurance companies that appropriate remedial action has been or is being taken.

It also explores interviewing techniques and reporting requirements.

The topics covered on this accident investigation training course can be applied to any sector.

- Key topics in the Accident Investigation course
- Legal requirements for accident investigation and control
- Accident reporting requirements and procedures
- Accident causation theory, identifying root causes of accidents
- Collecting and analysing information
- Interview techniques taking statements from witnesses
- Recommending and implementing preventative measures
- Disclosure of information
- Securing remedial action
- Monitoring and review
- Case studies

Each delegate will receive course materials detailing the key points covered in the course, and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 12



1 Day – Senior Management Safety Awareness & Responsibilities

The 1 day Management Safety Awareness & Responsibilities is intended for people with strategic responsibility for determining and implementing effective health and safety management within an organisation. The importance of health and safety in the day-to-day running of a company dictates that senior members of management need to be very aware of their responsibilities. In recent years some high profile cases have clearly demonstrated that the responsibility for managing health and safety starts at management level. The safety message has to be driven from the top down, and directors and managers, although busy people, need to be involved in this process.

The course aims to provide Managers, Executives, Directors and Owners of UK organisations with an understanding of the moral, legal and business case for proactive health and safety management and to give guidance on effective risk management.

This course includes the following elements:

- Explain the root causes of accidents
- Understand the charges of manslaughter and corporate killing
- Appreciate the reasons for promoting Health & Safety in the workplace
- Explain the role of directors in Health & Safety management
- Understand the basic principles in the Revitalising Health & Safety strategy
- Understand the main sections of the Health & Safety at Work etc Act 1974, particularly relating to employers, managers, manufacturers, suppliers, designers and importers
- Appreciate the principles of strategic management and planning
- Understand the principles and application of safety management systems
- Explain the concept of continual improvement with regard to health & safety
- Understand the principles governing the use of workplace precautions, including relevant legislation, the environment and competence issues
- Appreciate the need for health & safety training
- Describe the role of safety professionals within the organisation
- Understand what is meant by active monitoring
- Identify means of active monitoring
- Appreciate the importance of identifying key objectives
- Recognise performance indicators
- Understand the process of change

Each delegate will receive course materials detailing the key points covered in the course, and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



1 Day & ½ Day - General Workplace Safety Awareness / Tailored Company Safety Inductions

This 1 day or ½ day course is designed to improve the safety culture within an organisation by giving individuals a good understanding of their health and safety responsibilities, and teaching them how to keep themselves and others safe at work.

This course is ideal for people at any level in any organisation, in any sector, needing grounding in the essentials of health and safety.

This course includes the following elements:

- Introducing working safely
- Defining hazard and risk
- Identifying common hazards
- Improving safety performance
- Protecting our environment
- Practical exercises

A tailored made course can be developed to suit your companies exact requirements.

Each delegate will receive course materials detailing the key points covered in the course, and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



½ Day - Personal Protective Equipment (PPE)

The Personal Protective Equipment (PPE) course is aimed at all users of personal protective equipment.

The aim of the course to raise the awareness and associated issues around the purchasing, usage, storage, maintenance and disposal of PPE.

This course includes the following elements:

- What defines PPE
- Legal duties of Employers and Employees around PPE
- When to use PPE
- Restrictions of PPE
- Assessing and selecting PPE
- How to fit PPE correctly
- Information, instruction and training on PPE use
- Maintaining PPE
- Storage of PPE

Each delegate will receive course materials detailing the key points covered in the course, and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



1 Day - Electrical Safety Awareness

The course is aimed at Building Managers, Caretakers, Building Maintenance Personnel and those who require an understanding of electrical safety.

This course includes the following elements:

- Electric shock and its effects on the body
- Portable electrical equipment
- What can go wrong
- Wiring a plug correctly
- Correct fusing
- Protective devices
- Electrical fires
- Detecting and reporting faulty/damaged equipment
- Testing and inspecting equipment
- Selecting electrical equipment
- Safe systems of work
- Isolation and switching
- First Aid for electric shock
- Practical exercises

Each delegate will receive course materials detailing the key points covered in the course, and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 12



1 Day - Personal Safety Awareness and Lone Working (including Conflict Management and Managing Behaviour)

The **Conflict Management and Managing Behaviour** course is aimed at all staff and those may face angry, aggressive or demanding customers whilst undertaking their daily duties. It is also aimed at those staff who work and conduct interviews alone with customers and staff, who may face the threat of anger or aggression.

This course aims to raise awareness of the background to conflict and how actions can either make a contribution to calming or escalating a confrontation with a customer or a member of staff. The course will be inclusive of the following elements:

- Identify the key components present in all angry confrontations
- Recognise different stages of conflict escalation
- Recognise the signs of conflict and aggression
- Use skills to manage their words, phrases and body language when faced with an angry customer
- Triggers to aggressive behaviour
- Understanding customers' needs when they are angry
- How our safety can be compromised
- Managing conflict 'flashpoints'
- Understanding our natural response to conflict
- Understanding the impact of 'red rag' words and phrases
- Structuring and controlling the conversation
- Listening and calming the situation
- Acknowledging difficulties and customer emotions
- Managing unpredictability (drugs, alcohol, mental illness, etc.)
- Saying 'No' effectively
- Handling abusive behaviour
- Issues of Lone Working
- Personal Safety when Lone Working
- Practical Exercises

Each delegate will receive course materials detailing the key points covered by the course and a certificate of completion, which will be posted within 14 days of the course date.

Maximum Number of Delegates: 16



½ Day Safety Co-ordinators / Safety Reps Training

This course ensures that those nominated as Safety Co-ordinators or Safety Representatives have the knowledge and skills necessary to carry out their role.

The aim is to provide the Safety Co-ordinator and Safety Representatives with an understanding of their role and an overview of the H&S issues they need to consider. Overall the aim is to instil confidence in carrying out their tasks and to promote a positive health & safety culture.

This course includes the following elements:

- The course concentrates on the aspect of the administrative and coordinating role of the appointed person.
- The role and responsibilities of the Safety Co-ordinator in their department.
- A simple introduction including the concepts of risk assessment and the duty of care.
- Accident reporting - the role of the co-ordinator
- Risk Assessments - when generic or specific risk assessment might be appropriate
- Safety Training - Ensuring that training needs analysis is carried out in the department and the results are fed back to the line management. Ensuring records of training undertaken are kept and also feeding training records into personnel files.
- Dealing with pre-vetted and non-vetted contractors - an outline of the protocols.
- Office Safety - Carrying out office risk assessments and inspections and reporting shortcomings to line management. A basic awareness of the requirements to be met in the DSE Regulations, The Welfare Regulations, Work Equipment Reg., - This part of the course to involve some practical case study work to test comprehension.
- How to ensure up to date knowledge with relevant safety matters
- Ensuring staff are aware of who are the nominated Fire Wardens and First-Aiders in the department.

Each delegate will receive course materials detailing the key points covered in the course, and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



3 Day Train the Trainer (Manual Handling, Display Screen Equipment, CoSHH, Fire)

At some point in your life you will have attended a workshop, but what happens when you are asked to deliver one? Some people relish the opportunity while others are scared by it. Whatever you feel about public speaking, it is a skill that is admired by many. Public speaking skills are important for everyone. This workshop is for those who wish to develop their skills, and is especially designed for people with little or no experience in running workshops.

This three-day course is based on a series of short theory and good practice facilitator-led sessions followed up by personal practice. Group discussions are frequently used to identify personal experiences of good and bad facilitation. Expert trainer feedback enables participants to develop workable personal action plans for improved confidence and delivery.

This hands-on three-day workshop will help you plan, perform and analyse your workshop. With the trainer, you will be practicing the workshop you have been asked to deliver, making the learning real and giving you the chance to practice.

This course includes the following elements:

- Understand the difference between trainer and facilitator
- Laying out your learning environment
- Using your resources to an advantage
- Visual learning aids Vs. Written learning aids
- Understanding barriers to learning
- Learn key questioning skills
- Discover ways of planning and designing workshops
- How to structure a talk / presentation
- Know your audience
- Develop your own presentation style
- Understand and manage group dynamics
- Analyse how the presentation is going
- Effectively evaluate your performance once it is over
- Learn what to do next

Each Delegate will be expected to deliver a short talk / presentation on the afternoon of day 3.

Each delegate will receive course materials detailing the key points covered in the course, and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 12



1 Day Manual Handling - The Movement & Handling of People

The Manual Handling – The Movement & Handling of People course is aimed at specific staff where their job requirement includes the need to physically move or assist with the movement of people, whether this be the elderly or physically impaired. This can range from generally assisting people with standing, sitting or walking, movement of wheelchairs or assistance with movement in bed. All workers undertaking this activity are vulnerable to manual handling injuries (whether at work or at home), so all will benefit from a knowledge of good technique.

The course will be run in a participative manner to get involvement and emphasise the personal benefits of taking action.

This course includes the following elements:

- To introduce the responsibilities of employers and employees under the Manual Handling Regulations
- The definition of Manual Handling
- Manual Handling – not just a work place activity
- An overview of Manual Handling Risk Assessment
- Injuries associated with manual handling
- A simple overview of the anatomy of the lumbar spine, cumulative strain and the causes of back pain
- To provide a step-by-step guide to the dynamic handling technique with practical demonstration and delegate participation
- Handling Aids (e.g. hoists, wheelchairs, walking frames, etc)
- Lifting / moving of people to an advantage and disadvantage
- Team handling
- Good handling technique
- Practical handling exercises with a range of representative loads

(Note: A suitable space will be required to undertake the practical elements of the training)

Each delegate will receive course materials detailing the key points covered in the course, a hand-out giving advice on back care and pain prevention and a certificate valid for 3 years. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 12



Film, T.V. & Events - Health & Safety Training Courses

1 Day - Safe Management of Productions (Film, T.V., Radio, Theatre, etc.)

The Safe Management of Productions is designed to give a broad overview of the Health & Safety issues to be considered when making Film, T.V., Radio, Theatre productions, this course will explain why health and safety is needed in production and give practical examples and methods of how it should be managed. The course is principally aimed at Production Exec's, Producers, Director's, Production Managers, Location Managers, Studio Managers, Heads of Departments, Production Assistants, etc.

This course includes the following elements:

- A broad overview of the risk management issues to be considered during the making of programmes, including hazard identification, risk assessment and good health and safety management
- The opportunity to analyse and discuss the risk management techniques used on production including hazard identification and risk assessment
- Discuss good health and safety management on location
- Information about risk management policy and procedures, including how productions should interact with their contractors and others
- To provide information about the legal framework
- Roles and responsibilities in production making, both within the production team and those outside the production
- The potential pitfalls of risk management and how these may impact upon the production making process
- Application of risk management principles using real-life case study examples
- How to establish and maintain control through clearly defined occupational risk roles and responsibilities

Each delegate will receive course materials detailing the key points covered by the course and a certificate of completion, which will be posted within 14 days of the course date.

Maximum Number of Delegates: 16



1 Day Safe Management of Events

The Safe Management of Events course gives you the knowledge and tools to tackle health and safety issues in event management. The course is aimed at event managers and organisers for both large and small events.

It brings you up to speed on current legislation, and tells you what practical actions you can take that ensure the health and safety of everyone involved with your events. You gain an understanding of the importance of health and safety as a core element of event planning, delivery and evaluation.

The course is delivered through a stimulating mix of practical and theoretical learning, combining industry-standards within the specific context of events management and organisation.

This course includes the following elements:

- Understanding risk management theory for events
- Learning from the past – previous event disasters
- Legislation for safe events – an overview
- Government regulations and HSE guidance for safe events
- Writing general and fire risk assessments for events
- Planning for event safety
- Venue planning and people management
- Site and emergency planning exercise

Each delegate will receive course materials detailing the key points covered by the course and a certificate of completion, which will be posted within 14 days of the course date.

Maximum Number of Delegates: 16



1 Day Safe Working with Cameras & Lights

The Safe Working with Cameras & Lights course gives a broad overview and understanding of the key health and safety issues and responsibilities involving cameras, lights and sound during the making, shooting and recording of productions, whether on location, in studios, theatres, or on film stages

This course is aimed at Directors of Photography, Lighting Directors, Camera Operators, Grips, Gaffers, Best Boys, Production Electricians, Sound Supervisors and Recordists etc. Essentially, anyone who may at some point be involved in the setting up of the power supply, the design and build of the lighting rig, the direction and undertaking of the camera work and sound recording on a production. The course aims to provide:

- an overview of the health and safety legal responsibilities for employers, employees, contractors and freelancers
- identify the health and safety issues to be considered when working at a variety of venues and locations
- To determine the acceptable standards to which the whole production team should work
- To determine the standards of work equipment, ensure it is fit for purpose, operated safely and maintained
- How to assess the safety competence of, and work safely with, other contractors
- To provide participants with an understanding of the process of risk assessment and the need to exchange information
- To provide participants with the skills & knowledge required to carry out suitable & sufficient risk assessments

This course includes the following elements:

- The Law - brief outline to introduce concepts of risk assessment, duty of care and negligence
- Risk assessments - general, generic, method statements and those made under specific regulations, including their purpose, legal implications and importance
- Safe working with camera mounts, tracks, dollies, cranes, jib arms, ladderpods, pedestals and steadicam (ASPEC Guidance and HSE Cameras on Locations)
- Working by, and on, water
- Aircraft and vehicle tracking shots, CAA Regulations and Road Traffic Acts
- Working at Heights - basic requirements for safe working on scaffolding, zip-ups, tallscopes, ladders, hydraulic hoist/cherry pickers, roofs, tall buildings
- Working in extreme climates and weather conditions
- Working on other people's premises and unusual locations, derelict buildings and the exchange of risks/information and the use of checklists
- Records and record keeping, inspection and certification
- Safe working with contractors and sub-contractors and the adequate exchange of information

Each delegate will receive course materials detailing the key points covered by the course and a certificate of completion, which will be posted within 14 days of the course date.

Maximum Number of Delegates: 16



½ Day Safe Management of Audiences

The audience co-ordinator plays a crucial role in ensuring the health and safety of those people brought into studios and attending events. In addition they are also required to ensure that an audience does not bring additional risks to the studio or event. Safety arrangements and information must be communicated to audiences. The course has been designed to help the co-ordinator understand how this is best achieved.

The aim of the course is to provide those who co-ordinate audiences with an understanding of their role and an overview of the Health and Safety issues they need to consider to ensure the health and safety of audiences, staff and contributors whilst they are attending a studio or event

This course includes the following elements:

- Audience co-ordinators' roles and responsibilities
- Audience safety re smoke effects, noise etc
- Studio safety: maintaining fire exits and routes
- Audience safety on the studio floor
- First-aid and emergency arrangements
- Audience and special needs
- How to deal with drugs, alcohol and weapons etc
- Powers of arrest and search
- How to deal with violent behaviour
- Audience vetting
- Audience profile
- Ticketing

Each delegate will receive course materials detailing the key points covered in the course, and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



½ Day Working Safely in Crowds

The Working in Crowds course is designed to enhance the safety awareness of individuals and teams operating in large crowd situations. Such as local football matches, concerts, festivals etc.

The aims of the course is to provide delegates with the knowledge and skills to plan and react appropriately in large crowd situations At the end of the course, delegates will:

- Have a clear understanding of possible hazards involved when working in large crowd situations
- Know what can go wrong, what to do if it does, and explored preventative measures and contingency planning
- Be able to plan and prepare an assignment taking into account the associated health, safety and security issues
- Be aware of the safe options for movement, positioning and profile
- Understand the advantages of team working
- Have a clear understanding of crowd dynamics, how events are marshalled, how situations can change, and the most suitable tactics for dealing with certain types of events and situations
- Know where to get further information and advice.

This course includes the following elements:

- Dealing with potential risks and threats
- Highlight potential threat and risk situations
- Avoidance of potential threats
- Planning and preparing a deployment:
- Consideration given to obtaining background information, equipment, contingency planning, and travel
- Safe options for movement
- Safe options for positioning
- Importance of personal profile in terms of clothing, positioning, equipment

Each delegate will receive course materials detailing the key points covered in the course, and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



½ Day Safety Awareness for Make-Up and Costume

This course has been designed to give a broad overview and understanding of the key health and safety issues and responsibilities involving costume and makeup during the making, shooting and recording of productions, whether on locations, in studios, theatres, or on film stages.

The course is intended for persons with a responsibility for the design, usage and storage of costumes and makeup for productions.

This course includes the following elements:

- Criminal and Civil Law - brief outline to introduce concepts of risk assessment, duty of care and negligence.
- Duties and responsibilities under HASAWA and MHSWR.
- Risk assessments - general, generic, method statements and those made under specific regulations, including their purpose, legal implications and importance.
- Overview and relevance of the follow regulations, COSHH (Control of Substances Hazardous to Health), Electricity at Work, Manual handling Regulations, Personal Protective Equipment Regulations
- Routes of entry for substances into the body.
- Synergistic effect of using a combination of substances.
- An understanding of the more common health risks from substances.
- An understanding of the control strategies [precautions] available.
- Material Data sheets and manufacturers information
- Manual Handling issues
- Records and record keeping, inspection and certification.
- Safe working with contractors and sub-contractors and the adequate exchange of information.
- Accident, Incident and hazard reporting and RIDDOR
- Emergency arrangements including First Aid requirements.

Each delegate will receive course materials detailing the key points covered in the course, and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



½ Day Construction Design Management – Briefing

This course - delivered in the form of a briefing - aims to establish a "first step" training solution to relevant staff involved in the "construction" of a relevant "structure" as defined by the Construction Design & Management (CDM) Regulations.

The course is aimed at any staff engaged in construction work. This will include property, project and programme work, this includes anyone who may act in the role of a Duty Holder as identified by the CDM Regulations, Managers of Duty Holders, other senior managers within whose departments CDM or related works are carried out and Divisional Heads who will delegate duties to suitably competent members of staff

The course aims to enable those people to understand the requirements, roles, responsibilities and systems under the CDM Regulations; to equip delegates to identify future training and development needs for meeting specific roles; to ensure attendees understand the obligations placed on their staff so that they may ensure adequate and appropriate support to ensure those obligations are met

This course includes the following elements:

- To identify the individual duty holders and their roles and responsibilities;
- To discuss issues of competence and selection of duty holders;
- To clarify the context and intent of the three (Pre Tender H&S Plan, Construction Phase Safety Plan and the Safety File) documents required by the Regulations

Each delegate will receive course materials detailing the key points covered in the course, and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



1 Day Safe Design and Build of TV, Film & Theatre Production Sets

The course has been designed to help people understand key health and safety issues involved in design and construction safety relating to productions.

The course emphasises the importance of identifying the hazards associated within the design, manufacture and build, as well the rigging & de-rigging of production sets. Demonstrating satisfactory risk assessments and gaining an understanding of the responsibilities associated with contracting associated design crafts are also featured.

The course is aimed at Production Designers, Art Directors, Games Designers, Prop Buyers, Construction Managers, Rigger's etc. Essentially anyone who may be involved in the design, manufacture, build or purchase of any of the elements associated with a production set.

This course includes the following elements:

- Criminal and Civil Law - brief outline to introduce concepts of risk assessment, duty of care and negligence
- The requirement for a Design Risk Assessment and the practice and theory, and how the CDM Regulations might apply to some permanent production sets
- Locations and Derelict Buildings, the hazards to be aware of and the use of checklists
- Game Shows, assessing the risks associated with sets for this type of programme
- Theatre and Studio Sets, safe materials, structural integrity, how to reduce the fire risk
- Audience Rostrum and Seating, dynamic loading, consent from licensing authority
- Working at heights, Taller scopes, Scaffold Towers, Mobile Elevated, Working Platforms, Ladder safety
- The acceptable scenery manufacturing, build and rigging standards, along with the requirements for fire safety in set design and emergency arrangements
- The need to ensure Machinery Standards (Revolves, Conveyor Belts, Mechanical and Hydraulic Effects) comply with the requirements of the relevant legislation
- How best to manage contractors and sub-contractors and the adequate exchange of information with related resource providers
- The safety issues relating to props

Each delegate will receive course materials detailing the key points covered in the course, and a certificate of completion. The certificates will be posted within 14 days of the date of the course.

Maximum Number of Delegates: 16



Bespoke Training

We also will design and deliver bespoke training to either be delivered in-house by your own trainers or by our own expert trainers to suit your exact requirements and needs.



Anchor Risk Management & Anchor Training Ltd

Company No: 05805399 - VAT Registration No: 980735787

 UK Office: **+44 (0)208 889 8858**  UK Mob: **+44 (0)7740 818082**

 www.anchorrisk.co.uk

 enquiries@anchor-risk.co.uk